







What date was the first Capitol Hill Fly-In?

March 22, 1922 - Lawrence Perry





Why Engage in Policy Advocacy?



Policy Advocacy: A Competitive Environment



150













1,300



7 Organizations



150



250 (Mar), 400 (Nov)

700 (May), 150 (Nov)

NAIFA

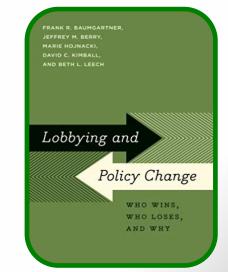








- "Change Elections" (7 of last 9)
- "Unexpected" changes mid-session ('98 & '15; '14; '17; '18)
- Lobbying and Policy Change: Who Wins, Who Loses and Why
 - Followed 98 issues from 1998 to 2002
 - Surprised at who won only *half* the time
 - Found better predictor of success





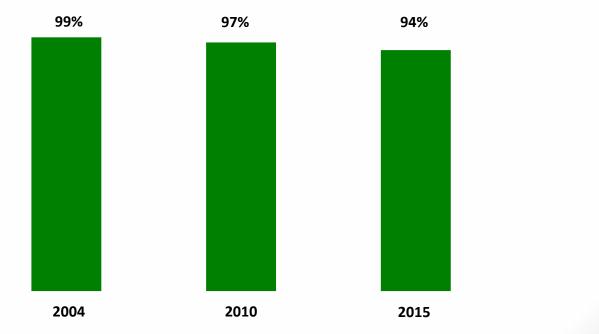
- Advocacy is NOT politics; IS informing & educating politicians

 there's a difference!
 there's a difference
- NARFE: the *sole* org advocating on behalf of federal workers & retirees
- "Evergreen" public policy strategy
 - Increasing relevance of citizen advocate
 - In-session legislator activity & election trends
 - Impact of varied perspectives & tactics



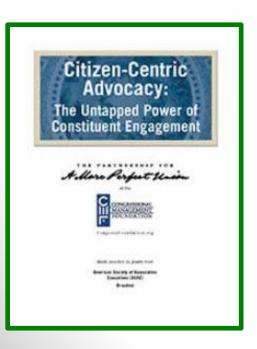


Direct constituent interactions are the most influential

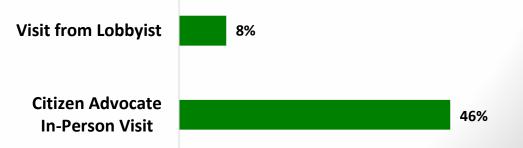


Congressional Management Foundation





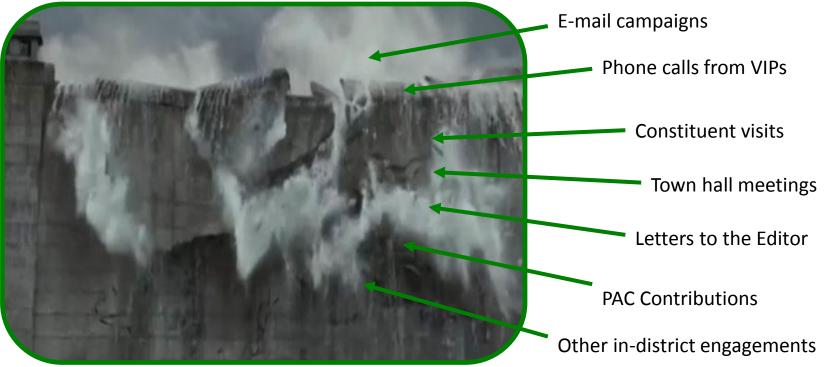
- Repeatedly ranked in-person citizen advocate meetings as the most influential tactic
- Placed a high value on groups & citizens who build relationships with legislators & staff





Engaging, Influencing & Storytelling: Getting Lawmakers to Listen

Healthy Advocacy Programs Diversify Tactics to Break Through





WIRED OPENSON WHAT IT TAKES TO MAKE CONGRESS ACTUALLY LISTEN 02.01.18

- Nearly impossible to change their mind overnight
- Change often requires "continuing the conversation" over years, not just a one-time activism spike
- If they're on the "bubble" you might move them
- Maybe you can't switch them from no to yes but can get them to not say anything







Harvard

A Face-to-Face Request is 34 Times More Successful Than an Email 04.11.17

- Despite email's reach, asking in person is <u>significantly</u> more effective
- Must send a <u>200-recipient email</u> blast to equal the power of <u>asking</u> <u>6 people in person</u>
- Findings are consistent with previous research showing people are more likely to comply with requests in person than over email



Getting Lawmakers to Listen The Science of Storytelling

HOW STORYTELLING AFFECTS THE BRAIN

NEURAL COUPLING A story activates parts in the brain that allows the listener to turn the story in to their own ideas and experience thanks to a process called neural coupling. MIRRORING Listeners will not only experience the similar brain activity to each other, but also to the speaker.

DOPAMINE

The brain releases dopamine into the system when it experiences an emotionally-charged event, making it easier to remember and with greater accuracy.

CORTEX ACTIVITY

When processing facts, two areas of the brain are activated (Broca's and Wernicke's area). A well-told story can engage many additional areas, including the motor cortex, sensory cortex and frontal cortex

The Secret?

Finding a Common Bond



Memorable Experiences, Not Just Facts





Getting Lawmakers to Listen Memorable Experiences, Not Just Facts



"...nothing is more powerful than the stories of the people affected.

You can roll out statistics and timetables, but the consequences – the emotional connection to the rest of the public – is really what weighed in."

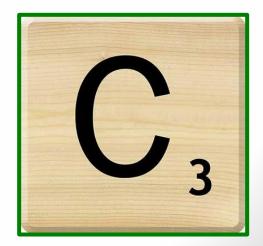
Speaker Nancy Pelosi





Persuasive Storytelling Takes Practice Apply the 3 C's

- **Clear** state purpose upfront
- **Concise** keep message succinct
- Charge SMART action or activity





Two Types of Constituents

✓ Opinion

✓ Interest

Pocket Guide to Advocacy on Capitol Hill, 2010, TheCapitol.Net



Key Interests-Based Advocacy

An Equation for More Effective Persuasion

 Interest
 +
 Ask
 +
 Interest
 =
 Success

 (Constituent)
 (Legislative)
 (Legislator)
 (Legislator)
 (Increased Chance of Persuasion)

 But first?
 Discovery

Key Interests-Based Advocacy: Quality Over Quantity

- Deeper understanding of legislators
 - Perspective
 - Relevance of story to ask & also to legislator
- Every advocate may not be a candidate
 - Messenger per issue
 - Messenger per tactic
- Message appropriate for tactic
- Focus according to targeted legislators









Letter: Time to address Va.'s ballooning Alzheimer's needsMay 27, 2015Ask in 2nd sentenceEditor: Thank you, U.S. Rep. Don Beyer (D-8th), for cosponsoring the HOPE for Alzheimer's Act, which will
provide care and support services to those diagnosed with Alzheimer's and their caregivers. I hope we can
count on you to support the \$300 million in additional funding for Alzheimer's research in fiscal 2016.Supporting argument
hints to INTEREST at
riskFrom 2014 to 2015 alone, Alzheimer's disease cost Medicare and Medicaid an additional \$3 billion, going
from \$150 billion to \$153 billion. This research funding request is small compared to what is spent on
treatment (not cures or prevention, but reactionary spending).Support of \$2013. It was devastating to my family's psyche to watch her waste away.
With monthly care costs of \$8,000 per month, it wouldn't have been long before my family's savings wereAsk in 2nd sentence

drained. How many Virginia families can afford that expense?

Without doing something to find a cure, the Alzheimer's Association predicts Virginia's Alzheimer's population will balloon by 46 percent in ten years, from 130,000 now to 190,000 in 2025. Virginia gets only about one-half its Medicaid funding from the federal government. Can the commonwealth's budget afford to cover Medicaid's costs when this happens?

David Lusk, Arlington

Advocate interest tied to
 INTEREST of targeted legislator

Advocate INTEREST

tied back to ask









"I calculated once how many times I fell during my skating career – 41,600 times. But here's the funny thing: I got up 41,600 times.

That's the muscle you have to build in your psyche – the one that reminds you to just get up."

Scott Hamilton Retired Figure Skater, Olympic Gold Medalist













